

## Preparing for COVID-19 while traveling with Girl Scouts

This worksheet is designed to be an aid for troops traveling with Girl Scouts in any capacity, like an overnigher in Utah or a weeklong trip across the country. You are not required to turn this worksheet in to the council as part of your trip approval process. It is a tool you can use so you can avoid and mitigate illness during your trip. By thinking through scenarios ahead of time, you'll be prepared to handle difficult situations in uncertain environments.

If you are planning a trip of two or more nights, you are required to submit a [Troop Trip/Camping Application](#) and work with the GSU Program Specialist to have your trip approved by council. For more information on planning trips with Girl Scouts, reference the [travel section](#) of our website or email [programs@gsutah.org](mailto:programs@gsutah.org) with questions. To mitigate the risk of injury and help you ensure safe participation in activities, make sure to refer to the current version of Safety Activity Checkpoints when planning your trip.

Do you have a copy of the ["Troop Parental Permission for Girl Scout Year" form](#) for every traveler?

Yes

No, not yet

What is the current COVID-19 risk level where you are visiting? What is your plan for mitigating the risk of infection?

What is your plan if a participant starts showing symptoms of COVID-19 or severe illness? What if the sick person is an adult on the trip? Consider what you will do if there is a need to quarantine, or how you will coordinate with a child's caregiver to take responsibility for their sick or injured child. Consider the effect on the rest of the troop and whether you have enough adults to supervise the group if it were split. What sort of extra expenses may be associated if someone needs to quarantine or be sent home early? How will these extra expenses be managed?

GSU strongly recommends the following precautions:

- Quarantine before and after travel.
- If possible, all travelers should have a negative COVID-19 test result 72 hours before traveling.
- All travelers should monitor their symptoms before, during, and after travel.
- Mask are not currently required by GSU but are still recommended in areas with high transmission rates or large groups. If a local establishment requires masks, then GSU urges its members to follow the guidelines of where they will be visiting.

Have you discussed these precautions with all travelers and their caregivers?

Yes                      No, not yet

What factors may cause a delay or cancellation or your trip? What is your back-up plan if you have to delay or cancel due to COVID-19?

With COVID-19 precautions in mind, what are your plans for room assignments, travel buddy system, transportation, hygiene, behavior expectations, face coverings, etc.?